

VIII. Applications of Convex Surfaces

A. Bennequin type inequalities

we first prove an inequality for closed surfaces

Th^m 1:

(M, ζ) a tight contact manifold
 Σ a surface in M
if $e(\zeta)$ is the Euler class of ζ , then

$$|\langle e(\zeta), [\Sigma] \rangle| \begin{cases} \leq -\chi(\Sigma) & \text{if } \Sigma \neq S^2 \\ = 0 & \text{if } \Sigma = S^2 \end{cases}$$

recall if v is a vector field in ζ that is transverse to the zero section then $v^{-1}(\text{zero section})$ is a 1-manifold $\gamma \subset M$
 $e(\zeta)$ is Poincaré dual to the homology class $[\gamma]$
so $e(\zeta) \in H^2(M)$ and thus can be evaluated on elements of $H_2(M)$ like $[\Sigma]$

the value $\langle e(\zeta), [\Sigma] \rangle$ is just the signed count of zeros of v on Σ (i.e. $\zeta|_{\Sigma}$ is 4-dimensional the zero section and image of v are both 2-dimensional so take signed count of intersections)

exercise: the above inequality implies only a finite number of cohomology classes can be realized as the

Euler class of a tight contact structure

Hint: homology classes can be represented by closed surfaces

Proof: given $\Sigma \neq S^2$ make it convex

- 1) Γ is a union of S^1 (and $\chi(S^1) = 0$)
- 2) no component of Γ bounds a disk by the Giroux criterion (Th^m VII.10)

$$1) \Rightarrow \chi(\Sigma) = \chi(\Sigma_+) + \chi(\Sigma_-)$$

exercise: $\langle e(\zeta), [\Sigma] \rangle = \chi(\Sigma_+) - \chi(\Sigma_-)$

Hint: Consider a vector field directing Σ_ζ
It is a section of $T\Sigma$ and of ζ

$$\begin{aligned} \text{so } \langle e(\zeta), [\Sigma] \rangle - \chi(\Sigma) &= -2\chi(\Sigma_-) \\ &\geq 0 \text{ since } \chi(\text{each component of } \Sigma_-) \leq 0 \end{aligned}$$

$$\therefore \langle e(\zeta), [\Sigma] \rangle \leq -\chi(\Sigma)$$

similarly $-\langle e(\zeta), [\Sigma] \rangle - \chi(\Sigma) = -2\chi(\Sigma_+) \geq 0$

$$\text{so } \langle e(\zeta), [\Sigma] \rangle \leq -\chi(\Sigma)$$

$$\therefore |\langle e(\zeta), [\Sigma] \rangle| \leq -\chi(\Sigma)$$

if $\Sigma = S^2$ the Giroux criterion says Γ connected

$$\text{and so } S^2 \setminus \Gamma = D_+^2 \cup D_-^2$$

$$\therefore \langle e(\zeta), [\Sigma] \rangle = 0$$



Thm 2 [Bennequin inequality]:

(M, λ) a tight contact manifold

(1) if T a null-homologous transverse knot

then

$$sl(T) \leq -\chi(\Sigma)$$

for any Σ with $\partial\Sigma = T$

(2) if L a null-homologous Legendrian knot

then

$$tb(L) + |r(L)| \leq -\chi(\Sigma)$$

for any Σ with $\partial\Sigma = L$

Proof:

let L be a Lagrangian knot and

Σ be a Seifert surface for L

we first prove $tb(L) + r(L) \leq -\chi(\Sigma)$

to this end we positively stabilize L until $tb(L) < 0$

note this does not change $tb(L) + r(L)$ so if

we can prove inequality for stabilized L (still denoted

by L) then we are done

since $tw_3(L, \Sigma) = tb(L) < 0$ we can make Σ convex

Thm VII.5

Claim: $tb(L) + \chi(\Sigma_+) + \chi(\Sigma_-) = \chi(\Sigma)$

proof: Γ_Σ has $-tb(L)$ arcs (since $tb(L) = -\frac{1}{2}(\Gamma_\Sigma \cap L)$)

and each arc has
2 end points by

Thm VII.9)

call the arcs Γ_a

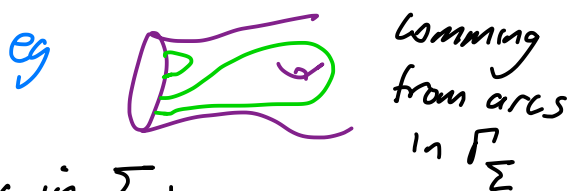
let $\Gamma_c = \Gamma_\Sigma - \Gamma_a$

$$\begin{aligned}
\chi(\Sigma_+) + \chi(\Sigma_-) &= \chi(\Sigma \setminus \Gamma_\Sigma) \\
&= \chi((\Sigma \setminus \Gamma_a) \setminus \Gamma_c) \quad \text{since } \chi(\Gamma_c) = 0 \\
&= \chi(\Sigma \setminus \Gamma_a) \quad \text{each arc has } \chi = 1 \\
&= \chi(\Sigma) - tb(L)
\end{aligned}$$

Claim: $tb(L) \leq -\chi(\Sigma_+)$

proof: since ∂ tight no component of Γ_Σ bounds a disk

so there are at most $-tb(L)$ disk components in $\Sigma \setminus \Gamma_\Sigma$



\therefore at most $-tb(L)$ disks in Σ_+

$$\begin{aligned}
\text{so } \chi(\Sigma_+) &= \# \text{ disks} - \underbrace{\chi(\text{other components})}_{\leq 0} \\
&\leq \# \text{ disks} \leq -tb(L)
\end{aligned}$$

now

$$\begin{aligned}
tb(L) + r(L) &\leq tb(L) + r(L) - 2tb(L) - 2\chi(\Sigma_+) \\
&= -tb(L) + r(L) - 2\chi(\Sigma_+) \\
&= -tb(L) + \chi(\Sigma_+) - \chi(\Sigma_-) - 2\chi(\Sigma_+) \\
&\quad \uparrow \text{Th} = \text{VII.9} \\
&= -tb(L) - \chi(\Sigma_-) - \chi(\Sigma_+) \\
&= -\chi(\Sigma)
\end{aligned}$$

exercise: give similar proof that $tb(L) - r(L) \leq -\chi(\Sigma)$

now if T a transverse knot and Σ a surface with $\partial\Sigma = T$

then we claim there is a Legendrian L with $\text{tb}(L)$ negative such that the transverse push-off of L is T i.e. $L_+ = T$
 from Section III we know

$$sl(T) = \text{tb}(L) - r(L)$$

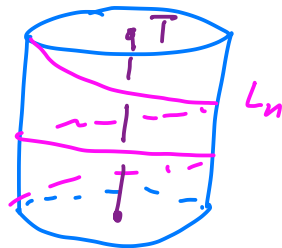
$$\therefore sl(T) \leq -\chi(\Sigma) \text{ from above}$$

now for the claim

by Th^m II.3, T has a neighborhood N contactomorphic to $N_\epsilon = \{(r, \theta, \phi) \mid r \leq \epsilon\}$ in $(\mathbb{R}^2 \times S^1, \zeta = \ker(d\phi + r^2 d\theta))$.

note $T_c = \{(r, \theta, \phi) \mid r = c\}$ has linear characteristic foliation of slope $-\frac{1}{c^2}$

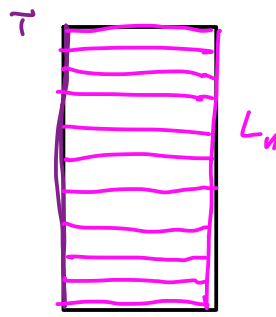
choose $n \in \mathbb{N}$ st. $\frac{1}{n} < \epsilon$ then $T_c \subset N_\epsilon \cong N$
 has foliation of slope $-n$
 let L_n be a leaf of $(T_c)_\zeta$



note L_n is smoothly isotopic to T

exercise: $\text{tb}(L_n) = -n$

L_n and T cobound an annulus ζ with T_ζ



$$\text{so } (L_n)_+ = T$$

this finishes the proof



exercise: With notation above $L_{n+1} = S_-(L_n)$

B. Simple classification results

all our classification results will rely on

Th^m (Eliashberg):

any two tight contact structures on B^3 that induce the same characteristic foliation on ∂B^3 are isotopic through contact structures

we will not prove this theorem but use it in our other classification results

Eliashberg proved this by studying families of foliations on S^2

Giroux gave a proof using convex surfaces

Th^m 3:

upto isotopy, there is a unique tight contact structure on S^3

Proof:

we know from Bennequin (or Eliashberg - Gromov) that S^3 admits a tight contact structure

now suppose ζ, ζ' are two tight contact structures on S^3

fix a point $p \in S^3$ there is an isotopy ϕ_t of S^3 such that

$$\phi_t(p) = p \text{ for all } t \text{ and}$$

$$d(\phi_t)_p(\zeta') = \zeta$$

so $d(\phi_t)_p(\zeta')$ is an isotopy of ζ' so that $\zeta' = \zeta$ at p

the proof of Darboux's theorem, Th^m II.2, says we can now

find an isotopy of ζ' so that $\zeta' = \zeta$ on a nbhd U of p


now let S^2 be a sphere in U that bounds p

$$\text{note } S^3 \setminus S^2 = B_{in}^3 \cup B_{out}^3 \text{ where } B_{in}^3 \subset U$$

$$\text{we have } \zeta = \zeta' \text{ on } U \text{ so } S_\zeta^2 = S_{\zeta'}^2$$

Eliashberg's result above says ζ and ζ' are isotopic

on B_{out}

after this isotopy $\zeta = \zeta'$ on all of S^3 

Th^m 4:

upto isotopy there is a unique tight contact structure on $S^1 \times S^2$

Proof:

$(0-4) \cup (1-4)$ is a Stein 4-manifold by Eliashberg - Gompf th^m in Section I

$$(0-4) \cup (1-4) = S^1 \times D^3$$

so $\partial(S^1 \times D^3)$ is $S^1 \times S^2$ with a tight contact structure.

now suppose $\{\cdot\}_0, \{\cdot\}_1$ are two tight contact structures on $S^1 \times S^2$

let $S_i = \{\text{pt}\} \times S^2$ in $S^1 \times S^2$

we can isotope S_i so it is convex in $\{\cdot\}_i$ (Th^m VII.5)

by Giroux criterion (Th^m VII.10) we know $\Gamma_{S_i}^{\{\cdot\}_i}$ is a simple closed curve

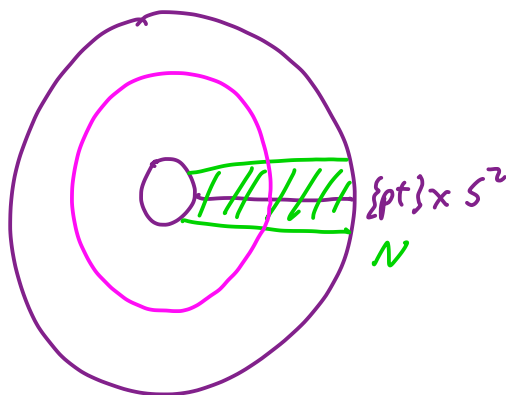
by Giroux flexibility (Th^m VII.6) we can assume isotope S_1 so that $(S_1)_{\{\cdot\}_1}$ is the same as $(S_0)_{\{\cdot\}_0}$ (i.e. there is some identification of S_1 with S_0 so this is true)

now we can isotope S_1 to S_0 so that $(S_1)_{\{\cdot\}_1}$ is taken to $(S_0)_{\{\cdot\}_0}$ (and extend to an ambient isotopy) push S_1 for ward by this isotopy and we

see that, after isotoping $\{\cdot\}_1$, we can assume $S_0 = S_1$ and $(S_0)_{\{\cdot\}_0} = (S_1)_{\{\cdot\}_1}$

by Th^m II.5 we may further isotope $\{\cdot\}_1$ so that

$\{\cdot\}_0$ and $\{\cdot\}_1$ agree on a neighborhood $N = I \times S^2$ of S_0



now let L_i be a Legendrian knot isotopic
to $S^1 \times \{pt\}$

we can assume $L_0 = L_1$ in N

after stabilizing L_0 or L_1 we can assume their contact
framings are the same

thus there is an isotopy L_1 to L_0 and extend this to
an ambient isotopy of $S^1 \times S^2$

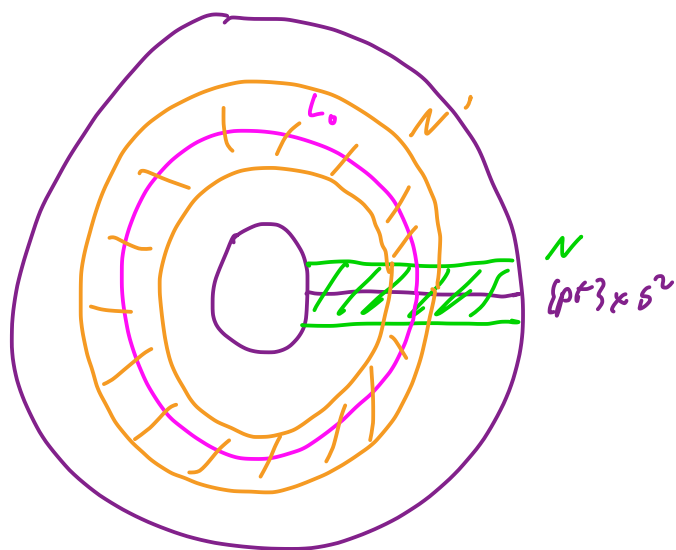
pushing γ_1 forward by this isotopy we can
assume $L_0 = L_1$

a further isotopy of γ_1 will arrange $\gamma_0 = \gamma_1$ along L_0

now the proof of Th^m II.4 says we can isotop γ_1

so that $\gamma_0 = \gamma_1$ in a neighborhood N' of L_0

(moreover this isotopy is fixed on N)



so $\gamma_0 = \gamma_1$ on $N \cup N'$

note: $S^1 \times S^2 - (N \cup N')$

$$= ((S^1 \times S^2) - (I \times S^2)) - S^1 \times D^2$$

$$= (S^1 \times (S^2 - D^2)) - (I \times (S^2 - D^2))$$

$$= (S^1 \times D^2) - (I \times D^2) \quad \text{different } D^2 \quad \text{Diagram: } \begin{array}{c} \text{---} \\ \bigcirc \\ \text{---} \\ D^2 \end{array}$$

$$= J \times D^2 \quad \text{where } \begin{array}{c} J \\ \bigcirc \\ I \end{array} S^1$$


$$= B^3$$

let S^2 be a sphere in $N \cup N'$ that bounds
a ball B' in $S^1 \times S^2$

we know $\gamma_0 = \gamma_1$ near $S^2 \therefore S_{\gamma_0}^2 = S_{\gamma_1}^2$

now Eliashberg's classification on B^3

says we can further isotop γ_1 to γ_0 on B^3

$\therefore \gamma_0 = \gamma_1$ on all of $S^1 \times S^2$! 

Thm 5:

let \mathcal{F} be a singular foliation on $\partial(S^1 \times D^2)$ that is divided
by two parallel curves of slope n

(that is each curve is homologous to $[S^1 \times \{\beta\}] + n[\{q\} \times \partial D^2]$)

Then upto isotopy there is a unique tight contact structure
on $S^1 \times D^2$ inducing \mathcal{F} on $\partial(S^1 \times D^2)$

Proof: we first show that there is some such tight contact

structure.

to this end consider the $\mathbb{R}^3 / (x, y, z) \sim (x+1, y, z)$ with $\xi = \ker(dxz - ydx)$

its universal cover is \mathbb{R}^3 with standard contact structure
so is tight by Bennequin

$S = \{(x, y, z) : x^2 + y^2 \leq \epsilon^2\}$ is a solid torus

$v = z \frac{\partial}{\partial z} + y \frac{\partial}{\partial y}$ is a contact vector field $\nabla \uparrow \partial S$

it induces the dividing curves $\Gamma = \{z = \pm \epsilon\}$ on ∂S

by Giroux realization we can assume \mathcal{F} is $(\partial S)_\xi$ if $n=0$

for $n \neq 0 \exists$ a diffeomorphism of S sending Γ to
curves of slope n

so \exists at least one tight structure as in the theorem.

now assume ξ, ξ' are two tight contact structures on $S^1 \times D^2$
inducing \mathcal{F} on $\partial(S^1 \times D^2)$

Th^m II.5 says we can isotop ξ' to agree with ξ in
a nbhd N of $\partial(S^1 \times D^2)$

we can find a torus T in N parallel to $\partial(S^1 \times D^2)$

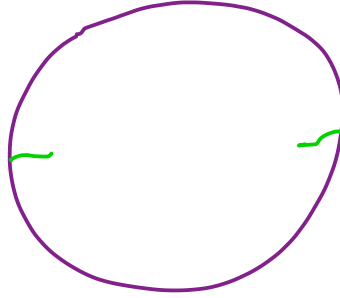
that is convex with the same dividing set as $\partial(S^1 \times D^2)$

now isotop T so that T is in standard form with
ruling slope ∞ (in both $\xi = \xi'$ on N)

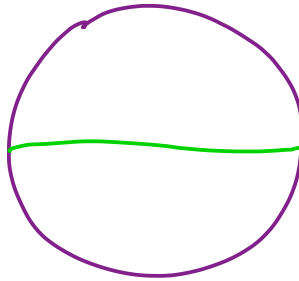
let $D = D'$ be a disk in $S^1 \times D^2$ with $\partial D = \partial D' =$ ruling curve
on T (and interior in solid torus S that T bounds)

note the disks intersect Γ_T twice

so lemma VII.11 says the dividing set on $D=D'$
in \mathcal{F} and \mathcal{F}' near ∂D is



now the Giroux criterion says Γ_D has no closed curves
thus Γ_D (and $\Gamma_{D'}$) is isotopic to



using Giroux flexibility we can isotop D' so that
 $D'_{\mathcal{F}'}$ is the same as $D_{\mathcal{F}}$ (under natural
identification of D with D') and isotopy fixed
near ∂D (since $\mathcal{F}=\mathcal{F}'$ near ∂D)

thus there is a smooth isotopy of D' to D taking
 $D'_{\mathcal{F}'}$ to $D_{\mathcal{F}}$

extend to an ambient isotopy and push
 \mathcal{F}' forward by it

thus we can assume $\mathcal{F}=\mathcal{F}'$ on N and
 $D=D'$ and $\mathcal{F}, \mathcal{F}'$ induce the same
foliation on D

again the proof of Thm II.5 says we can further

isotop ξ' to agree with ξ in a nbhd N' of D

note $(S^1 \times D^2) - (N \cup N')$ is a 3-ball

let S^2 be a sphere in $N \cup N'$ bounding a 3-ball B st. $N \cup N' \cup B$ is $S^1 \times D^2$

since $S^2_{\xi} = S^2_{\xi'}$, Eliashberg's classification of tight structures on B^3 says we can isotop ξ' to agree with ξ on B^3

thus ξ' can be isotoped to agree with ξ on all of $S^1 \times D^2$!



exercise:

Show that if ξ is a tight contact structure on $S^1 \times D^2$ with convex boundary having 2 dividing curves of slope $n \in \mathbb{Z}$ then in for any rational $s \leq n$ there is a torus $T \subset S^1 \times D^2$ that is isotopic to $\partial(S^1 \times D^2)$ and convex with 2 dividing curves of slope s

moreover, if $s < n$ then we could find such a T with linear foliation of slope s

Hint: use Th^m above and consider the model

$$(S^1 \times \mathbb{R}^2, \ker(d\phi + r^2 d\theta))$$

and recall how to perturb a linearly foliated torus to

a convex torus

C. Isotopy classes of contact structures

we denote the set of isotopy classes of tight contact structures on a closed manifold M by

$$\text{Tight}(M)$$

so theorems above can be restated as

$$|\text{Tight}(S^3)| = |\text{Tight}(S^1 \times S^2)| = 1$$

now if M has boundary then if we fix a singular foliation \mathcal{F} on ∂M then we denote the set of isotopy classes of tight contact structures on M inducing \mathcal{F} on ∂M by

$$\text{Tight}(M; \mathcal{F})$$

if Γ is a collection of curves on ∂M and \mathcal{F} is any singular foliation on ∂M divided by Γ then we denote the set of isotopy classes of tight contact structures on M inducing \mathcal{F} on ∂M by

$$\text{Tight}(M; \Gamma)$$

lemma 6:

If $\mathcal{F}_1, \mathcal{F}_2$ are two singular foliations that are both divided by Γ then there is a one-to-one correspondence between $\text{Tight}(M; \mathcal{F}_1)$ and $\text{Tight}(M; \mathcal{F}_2)$

exercise: Prove this using Giroux realization

thus $\text{Tight}(M; \Gamma)$ is well-defined without specifying \mathcal{F}
the theorems above say

$$|\text{Tight}(B^3; \Gamma)| = 1$$

for Γ a connected curve

and

$$|\text{Tight}(S^1 \times D^2; \Gamma)| = 1$$

for Γ a two curves of slope n

finally if ∂M is a torus and s is a slope on ∂M

then

$$\text{Tight}(M; s)$$

denotes $\text{Tight}(M; \Gamma)$ where Γ consists of two curves of
slope s

$$\text{so } |\text{Tight}(S^1 \times D^2; n)| = 1$$

if $\partial M = T_1 \cup \dots \cup T_n$, let s_1, \dots, s_n be slopes on a torus

$\text{Tight}(M; s_1, \dots, s_n)$ denotes $\text{Tight}(M; \Gamma)$

where Γ on T_i consists of two curves of slope s_i